

# PHYSICALMIND INSTITUTE®

*This is to Certify that*

**Susan Spangler**

*Has successfully completed*

**Initiation 101: THEMETHOD® Pilates**

*A fifteen hour Professional Intensive Course*

*in Pilates Matwork Exercises*

*Michael Wright*

Course Giver

*Joan Breibart*  
Joan Breibart, President

Signed this 25 of August, 2002